

2024 FALL HOCKEY SCHOOL

August 18 - September 30

Registration fee is just \$175

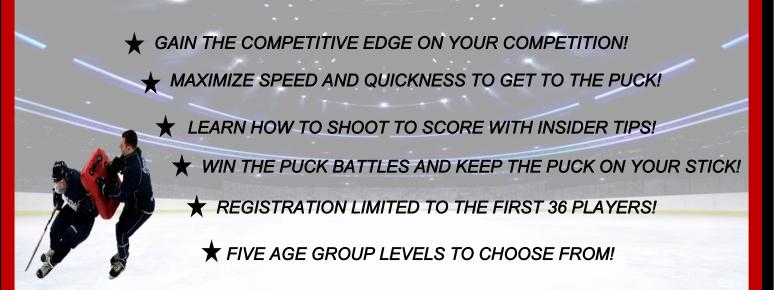
Skills Development and Tryout Prep

Located at Rochester Recreation Center

Mites - Squirts - Peewees - Bantams - Girls

Learn from the best! The Rochester Hockey Foundation Fall School will feature 11 hours of on-ice training to provide your player with a strong base to start the season. Qualified hockey skills instructors and staff will lead the way. Great training and an outstanding value! Game On!

Get ready for your upcoming season with the Rochester Hockey Foundation Fall School! This program will get you on the ice and up to speed as you enter your fall tryouts and season start. Experienced coaches will guide you through skills development stations and



SCHOOL SESSIONS & SCHEDULES

Session I:	Mite	(ages 5-8)
August:	22	5:30-6:30pm
	26	5:30-6:30pm
	29	5:30-6:30pm
September:	9	5:30-6:30pm
	12	5:30-6:30pm
	16	5:30-6:30pm
	19	5:30-6:30pm
	23	5:30-6:30pm
	26	5:30-6:30pm
	30	5:30-6:30pm
October:	3	5:30-6:30pm

Session III: PeeWee & Bantams

(ages 11-14)

5:00-6:00pm

8:00-9:00pm

5:00-6:00pm 8:00-9:00pm

5:00-6:00pm 6:45-7:45pm

5:00-6:00pm

6:45-7:45pm

6:45-7:45pm

5:00-6:00pm

6:45-7:45pm

18

19

25

26

15

16

17

22

23

August:

September:

Session II:	Squir	<u>t (ages 9-10)</u>
August:	18	3:45-4:45pm
	22	6:45-7:45pm
	25	3:45-4:45pm
	29	6:45-7:45pm
September:	5	6:45-7:45pm
	8	3:45-4:45pm
	12	6:45-7:45pm
	15	3:45-4:45pm
	19	6:45-7:45pm
	22	3:45-4:45pm
	26	6:45-7:45pm

Session IV: Girls (ages 8-14)





SCAN TO REGISTER INFO	JISTER/INFO
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August:	18	4:30-5:30pm
	21	5:30-6:30pm
	25	4:30-5:30pm
	27	6:45-7:45pm
	28	6:45-7:45pm
September:	4	5:30-6:30pm
	8	4:30-5:30pm
	11	5:30-6:30pm
	15	4:30-5:30pm
	17	5:30-6:30pm
	18	5:30-6:30pm



Space is limited to the first 36 skaters and 6 goalies per age session. This will fill on a first served basis. Once registered, you will receive by e-mail a confirmation for your camp session. We will work on the ice within your session in groups of 12 and that will be based on age and skill base. Players should bring a white and dark jersey each session and a water bottle.

All registration takes place on-line. Check out the website or scan the QR code to access the registration page - go directly to:

www.rochesterhockeyfoundation.org/fall-registration