



HOCKEY 101: COACHING CLINIC

Saturday, August 10, 2024 - 3:00pm - Rochester Recreation Center

\$25

Limited Seats Available!

Learn the necessary dynamics of coaching hockey to keep your practices engaging for all!



SCAN TO REGISTER

Drill sharing using on ice drills that reinforce game concepts

Transferring individual skill development from practice into the game

Creating a culture of success in games and practices for both players & coaches

Off ice preparation for coaches by utilizing today's technology & hockey resources

Developing the mindset to achieve results & maintain enthusiasm for the entire season

Understanding game concepts & how to implement these concepts into your game routine

The ability to create a **TEAM** environment is critical for all coaches regardless of the level you coach or the ability of the players you coach. We will provide classroom instruction that will educate you on how to build your team from the first team meeting to the final buzzer of the season. You will see examples of practices and how to flow from concept to concept using drills that flow with little disruption. You will learn how to implement different team tactics that are geared to your specific set of players and your team needs. The game is best when kept simple. Players will perform at a faster pace when they feel like they are doing the right thing and without the confusion.

